

Parenting Styles: Defined

How do different parenting styles influence a child's development? Diane Baumrind identified two key dimensions of parental behavior

The diagram is a 2x2 grid. The horizontal axis represents the relationship dimension, with 'Hostility and Rejection' on the left and 'Warmth and Acceptance' on the right. The vertical axis represents the rules dimension, with 'Restrictive' at the bottom and 'Permissive' at the top. The four quadrants are: Top-Left: Indifferent / Neglect; Top-Right: Indulgent; Bottom-Left: Authoritarian; Bottom-Right: Authoritative.

	Hostility and Rejection	Warmth and Acceptance
Permissive	Indifferent / Neglect	Indulgent
Restrictive	Authoritarian	Authoritative

1. Type of relationship (Hostility versus Warmth)

- Hostile parents express rejection and behave as if they do not care about the child.
- Warm parents communicate love and caring for the child and respond with sensitivity to the child's feelings.

2. Rules to follow (Restrictiveness versus Permissiveness)

- Restrictive-permissive is the extent to which they make and enforce rules, place demands on children, and discipline children.

Parenting Styles: Description

	Hostility / Rejection	Warmth / Acceptance
Permissive	<p style="text-align: center;">Indifferent / Neglect</p> <ul style="list-style-type: none"> • These parents provide neither warmth nor rules nor guidance. • They are indifferent and uninvolved with the child 	<p style="text-align: center;">Indulgent</p> <ul style="list-style-type: none"> • They have warm, caring relationships with their children, • but do not provide the guidance and discipline that help children learn responsibility and concern for others. They lack in setting limits for the child
Restrictive	<p style="text-align: center;">Authoritarian</p> <ul style="list-style-type: none"> • Exerts control, but does so in a cold, unresponsive way, or rejecting relationship. • They assert parental power without warmth 	<p style="text-align: center;">Authoritative</p> <ul style="list-style-type: none"> • They are demanding, but caring; controlling, but warm. • They establish clear rules, consistently enforce them, and rewards children's compliance with warmth and affection. • They communicate high expectations, caring, and support. they have good child-parent communication

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How can you apply this information to other areas other than parenting?

Parenting Styles: Examples

Situation: Nine-year-old Jeff wants to stay up late to watch a special program on television

	Hostility / Rejection	Warmth / Acceptance
Permissive	<p style="text-align: center;">Indifferent / Neglect</p> <p>Doesn't notice that Jeff is up late; Jeff has no regular bedtime.</p>	<p style="text-align: center;">Indulgent</p> <p>Says, "Fine, if it's that important to you."</p>
Restrictive	<p style="text-align: center;">Authoritarian</p> <p>Says, "You know the rules. Bedtime is 9:00.</p> <p style="text-align: center;">NO EXCEPTIONS</p>	<p style="text-align: center;">Authoritative</p> <p>Asks why the program is so important.</p> <p>Offers to tape the program so Jeff can watch it at a later time, or agrees that Jeff can stay up late tonight if he promises to go to bed early tomorrow night.</p>

Parenting Styles: Relation to Behavior / Thinking

	Hostility / Rejection	Warmth / Acceptance
Permissive	<p>Indifferent / Neglect</p> <p>These children are most likely to</p> <ul style="list-style-type: none"> • be insecurely attached, • have low achievement motivation, and • be impulsive and aggressive. 	<p>Indulgent</p> <p>These children tend to be</p> <ul style="list-style-type: none"> • more immature and • self-centered
Restrictive	<p>Authoritarian</p> <p>These children tend to</p> <ul style="list-style-type: none"> • have lower self-esteem, • be less popular with peers and • perform more poorly in school than children with authoritative parents • be moody, unhappy, fearful, withdrawn, less spontaneous and more irritable • be the least cheerful of the four parenting styles 	<p>Authoritative</p> <p>These children tend to</p> <ul style="list-style-type: none"> • have more energy, are more cheerful, are friendlier • have higher self-esteem, • have higher achievement and grades in school, • be socially competent (fewer conduct problems, and more considerate of others) • show higher levels of self reliance and self-control

- Authoritative parenting style is associated with the most positive childhood outcomes
- Neglecting (indifferent) parenting style is associated with the most negative developmental outcomes.