Applying your knowledge: Why is learning about the Psychology of Personality important?

For each chapter, you will tell me why learning about the chapter is important.

(1) Pick a specific psychological concept.

(2) Describe and/or define the psychological concept.

(3) Describe an example of that psychological concept. You cannot use an example from class or the textbook.

(4) Based on your example, do one of the following:
   a. Describe how learning about this psychological concept changes how you think about yourself.
   b. Describe how learning about this psychological concept changes how you think about others.
   c. Describe how learning about this psychological concept changes how you think about the world around you.
   d. Describe how learning about this psychological concept can be used in your personal life.
   e. Describe how learning about this psychological concept can be used in your potential career.
   f. Describe how learning about this psychological concept can avoid an important misunderstanding.
   g. Describe how learning about this psychological concept can be used to address a social issue or public policy.
Constraints:
• Work in groups of one (by yourself), two (one partner) or three (two partners). One page per group with all your names on it.
• You can answer a question more than once as long as your examples are qualitatively different.

Grading:
• Each set of response (items 1-4 in the box) is worth up to two points to a maximum of six points. Therefore, you must answer at least 3 to earn a maximum of 6.

  1. Concept
  2. Definition
  3. Example
  4. Change in thinking or behavior

• You may choose to answer more than 3 to earn 6 points through partial credit.
• When I read your example, I am trying to answer the following questions:
  (1) What is the psychological concept?
  (2) Does your example illustrate the concept? Do not simply restate the definition,
  (3) Why is learning about this concept important or what is the change in thinking or behavior that has occurred now that you learned about ______?
  (4) Is your example an original example? You can’t use an example from the class or textbook.

Due Date:
• These responses are due the day after the exam.
Learning about psychology of personality helps me understand people better so that I can interact with them a lot more.

<table>
<thead>
<tr>
<th>Bad</th>
<th>Learning about the psychology of personality is important for understanding how we relate to other people.</th>
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<tbody>
<tr>
<td></td>
<td>Learning about introversion/extraversion is important for being able to interact with other people.</td>
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<tr>
<td></td>
<td>Learning about introversion/extraversion is important for being able to interact with other people because people who are introverts are more sensitive to external stimuli and extraverts are less sensitive to external stimuli.</td>
</tr>
<tr>
<td>Good</td>
<td>Learning about introversion/extraversion is important for being able to interact with other people because people who are introverts are more sensitive to external stimuli and extraverts are less sensitive to external stimuli.</td>
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<td></td>
<td>For example, since I know that David is more introverted, he is more likely to be unable to study with the TV on, I will be more willing to wear the headphones to watch TV when he is studying and not get mad at him or take it personally when he asks me to turn the TV down.</td>
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