

Registration Information

Introduction to Fascial Tools

June 3, 2017

Lane Community College

Eugene, OR

Tuition Cost: \$150

To Register , complete the following information

Name _____

Credentials _____

Organization _____

Address _____

City, State, Zip _____

Telephone _____

E-Mail _____

Register online at Sportsrehabseminars.com or
Mail check and Registration Form To:

Sports Rehab Seminars
c/o Robyn Pester PT/ATC
1577 Pearl St. Suite 125
Eugene, OR 97401.

Cancel Policy: Substitutions may be made at any time. Requests for cancellations must be made via written or e-mail 14 days prior to the course to receive a refund less \$25 administrative charge per canceled attendee. If a cancellation is made less than 14 days refunds will not be granted, however a credit will be issued toward any future course. Sports Rehab Seminars reserves the right to cancel any course and a full refund will be provided.

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Introduction to Fascial Tools



Learn how to release restricted soft tissue through the use of tools.

F.A.T. Fascial Abrasion Technique

Rapid Release Technique

Vibracussor machine

*Your Hands & Patients will
thank you*

WWW.Sportsrehabseminars.com

WHAT YOU WILL LEARN

Are you interested in adding soft tissue tools to your manual therapy toolbox? Then this class is for you. You will get to try 3 different soft tissue tools. Each has a specific influence on the fascial /soft tissue system and may be a more optimal choice for your clientele. See why more and more therapists are utilizing tools to quickly increase range of motion and optimize movement patterns in their clients as well as save their hands from the wear and tear of manual therapy.

WHO SHOULD ATTEND

PTs & PTA
Athletic Trainers
Massage Therapists
Chiropractors

Course Goals /Objectives

1. Participants will be able to describe the current research on fascia and use of IASTM in treatment of soft tissue and movement dysfunction
2. Participants will be able to demonstrate the basic handling skills including use of various edges, contours & strokes necessary for safe and effective treatment with instrument assisted soft tissue tools.
3. Participants will be able to practice utilizing and refining skills for treatment of upper and lower body and spine.
4. Course is geared to 75% lab time for students to have plenty of time to work with the 3 tools and receive feedback.

COURSE INFO & CONTENT

COURSE SCHEDULE

DAY 1

8:00-8:30 Registration

8:30-8:45 Introduction

8:45 –10:15

Research on fascia & IASTM

Intro to Tools and Demo

10-15-10:30

Break

10:30- 12 :00

LAB for Handling Skills & Strokes

LE Lab

12:00-1:00 Lunch

1:00-2:45 LE & UE Lab

2:45 -3:00

Break

3:15– 4:15 Spine Lab

4:15 -4:30

Questions



**Total contact hours 6.5 CEUs
Category A for Athletic Trainers**



Instructor Bios

BENEFITS & FEATURES

- Quickly change quality of movement patterns and range of motion with no tissue damage
- Decreases tissue tone & increases blood flow
- Enhances your soft tissue assessment skills
- Improved patient outcomes & saves your hands

ROBYN PESTER MS, PT, ATC, CSCS, PES

Robyn has 25+ years of experience and clinical expertise in the fields of physical therapy, athletic training, and strength and conditioning. Her background includes a Master of Science from the University of Oregon (2000) and Bachelor of Science from the University of Montana in athletic training (1988) and physical therapy (1994). Robyn is Certified athletic trainer, Certified Strength and Conditioning Specialist, Advanced Sports Performance Specialist, Graston Certified, Full Body ART certified, K-vest Certified Level 2, TPI Certified Medical Level 3 & Fitness Level 2, and FMS/SFMS Certified.

MARVIN FINGER MS, LMT, CAMT

Marvin has over 21 years as a Licensed Massage Therapist. He received his training from The Massage Therapy Institute of Colorado in 1994, specializing in Integrative Massage Techniques. This training includes Sports Massage, Deep Tissue training, Neuromuscular Therapy, and he is also Certified in Advanced Myofascial Techniques (CAMT), through the Rolf Institute. Marvin has worked at many sports events, to include the Prefontaine Classic, the Olympic Trials, Cycle events and spent two summers traveling as the private massage therapist for an elite professional track club.