


PTA 101L Skills Check


Vital Signs Checkout

☐  **Wash hands**




Pulse

- ☐  **Briefly and clearly explain to patient procedure for taking radial pulse**
- ☐ Properly position patient and yourself
- ☐ Using good mechanics, take pulse using appropriate manual pressure
- ☐ Record pulse rate, noting quality of pulse
- ☐ Accurate within 2 BPM
- ☐ Locate carotid pulse

Respiration

- ☐  **Briefly and clearly explain procedure**
- ☐ Correctly count subject's respirations using good technique
- ☐ Correctly record breaths/minute, type of respiration (upper chest, abdominal, diaphragmatic, other), quality/character
- ☐ Accurate within 2 breaths/minute

Blood Pressure

- ☐  **Briefly and clearly explain procedure**
- ☐ Locate brachial artery
- ☐ Correct cuff placement
- ☐  **Cleanse ear pieces and diaphragm of stethoscope with alcohol**
- ☐ Take blood pressure
- ☐ Record blood pressure
- ☐ Accurate within 4 mm Hg
- ☐  **Cleanse ear pieces and diaphragm of stethoscope with alcohol**

☐  **Wash hands**

Pass/Fail