

Lane Community College

Name:

PTA 101L Intro to Clinical Practice Lab

Score:

/ 50

Skills Check: Basic Exercise Activity

Rating:

V+ / V / V- / Repeat



Critical Safety Elements are noted in **BOLD** as red flags. All red flag elements must be demonstrated to receive skill check points. **Skill checks must be successfully completed within three attempts in order to pass the course.**

Prepares Patient and Treatment Area	/5
<input type="checkbox"/> adjusts surface height if able, as needed <input type="checkbox"/> clears area of obstructions; <input type="checkbox"/> identifies and secures patient support equipment as needed (lines, O2, support garments, etc)	
Communication	/10
<input type="checkbox"/> introduces self, explains procedure, including breathing patterns (no Valsalva) <input type="checkbox"/> assesses patient ability to participate: modifies approach accordingly <input type="checkbox"/> seeks input from PT if patient status is inconsistent with plan of care <input type="checkbox"/> seeks a 2 nd person assist if indicated <input type="checkbox"/> communicates pt status with supportive personnel/health care team as needed	
Application of Intervention	/10
<input type="checkbox"/> Checks vital signs (HR, BP, RR) <input type="checkbox"/> provides appropriate manual contact for the selected movement <input type="checkbox"/> protects structures that are unstable or injured <input type="checkbox"/> facilitates movement in the correct cardinal plane <input type="checkbox"/> directs patient to assist or relax as able <input type="checkbox"/> uses appropriate draping <input type="checkbox"/> assesses patient comfort and modifies positioning as indicated	
Safety	(P/NP)
<input type="checkbox"/> washes hands before and after patient contact <input type="checkbox"/> discontinues the intervention based on the patient response <input type="checkbox"/> uses good body mechanics during the activity <input type="checkbox"/> reapplies patient safety devices as needed	
Timeliness	/10
<input type="checkbox"/> completes intervention in the time allotted <input type="checkbox"/> organizes treatment approach to maximize efficiency	
Progress Note	/10
<input type="checkbox"/> accurately documents intervention using SOAP format <input type="checkbox"/> includes documentation of level of assist required <input type="checkbox"/> includes thread to plan of care and patient goals	