

Lane Community College

Name:

PTA 101L Intro to Clinical Practice Lab

Score: / 25

Rating: V+ / V / V- / Repeat

PTA 101L Body Mechanics Check-off

Station 1 (10 points):

1. Pelvic tilt
 - a. Supine with knees flexed
 - b. Standing against wall or independently in standing
2. Push cart/treatment table

Station 2 (15 points):

1. Lift an object from the floor using neutral spine position
2. Carry heavy object 8-10 feet
3. Remove and replace an object from a high shelf

COMMENTS: