

Hand Washing Lab Activity

PTA 101L Introduction to Clinical Practice 1

Observe your partner perform the hand washing procedures listed below. Using the worksheet as a guideline, rate your partner's performance. Provide constructive feedback as needed, based on your evaluation of their technique. Students are encouraged to repeat the activity in order to achieve 100% accuracy.

Hand washing with soap

Key: 2 = completed correctly, 1 = partially completed, 0 = omitted

Procedure	Score (see key)	Feedback
Applied warm water to both hands		
Applied soap and lathered both hands for 10-20 seconds (includes back of hands and between thumb/fingers)		
Rinsed thoroughly under running water		
Pat hands dry using paper towel		
Uses paper towel to turn off faucet		

Hand cleansing with alcohol-based sanitizer

Key: 2 = completed correctly, 1 = partially completed, 0 = omitted

Procedure	Score (see key)	Feedback
Applied cleaner to palm		
Uses all five finger tips to rub cleaner on palm		
Repeats step above on other hand		
Rubs palms, together until sanitizer is evaporated (includes back of hands and between thumb and fingers)		