

Why is learning about the Psychology of Consciousness and Its Variations important?

For each chapter, you will tell me why learning about the chapter is important.

- (1) Pick a specific psychological concept.
- (2) Describe and/or define the psychological concept
- (3) Describe an example of that psychological concept. You cannot use an example from class or the textbook.
- (4) Why is learning about Sensation and Perception or Consciousness and Its Variations important? What is the change in thinking or behavior?

Based on your example, do one of the following for part (4):

- a. Describe how learning about this psychological concept changes how you think about yourself.
- b. Describe how learning about this psychological concept changes how you think about others.
- c. Describe how learning about this psychological concept changes how you think about the world around you.
- d. Describe how learning about this psychological concept can be used in your personal life.
- e. Describe how learning about this psychological concept can be used in your potential career.
- f. Describe how learning about this psychological concept can avoid an important misunderstanding
- g. Describe how learning about this psychological concept can be used to address a social issue or public policy.

Constraints:

- Work in groups of one (by yourself), two (one partner) or three (two partners). One page per group with all your names on it.
- You can answer a question more than once as long as your examples are qualitatively different.

Grading:

- Each set of response (items 1-4 in the box) is worth up to two points to a maximum of six points. Therefore, you must answer at least 3 to earn a maximum of 6.

1. Concept 2. Definition 3. Example 4. Change in thinking or behavior
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2 points

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2 points

- You may choose to provide more than 3 examples to earn 6 points through partial credit.
- I do not have a formal due date for these. However, you should
 - Do at least one before the exam.
 - Do NOT wait until week 9 or 10 to start. All work is due Friday at noon of week 10.

Bad	Learning about the psychology of consciousness is important in order to improve your life.
	Learning about the psychology of consciousness is important in order to improve your life such as how to get a better night's rest.
	Learning about the psychology of consciousness is important in order to improve your life such as how to get a better night's rest such as trying to associate your bed with only sleep.
Good	<p>Learning about the psychology of consciousness is important in order to improve your life such as how to get a better night's rest such as trying to associate your bed with only sleep so when I am not tired, I shouldn't stay and just lounge around in my bed. When I can't get to sleep, I should get up and do something else.</p> <p>If I am deprived of sleep, I might be not be as polite or patient with customers at work or be more likely to notice that I mislabeled the price of a computer.</p>

Another way of thinking about these questions is to imagine that you had a “twin” who didn’t read this chapter. Will the two of you think differently about the world?