Your Long-Term Storage is Organized Based on Meaning: Schemas

A schema is a cognitive structure that aids in the perception, organization, processing and use of information (page 274).

For example, with the absence of a schema, the following seems random and obscure.

The procedure is actually quite simple. First arrange things into different groups. Of course, one pile may be sufficient depending on how much there is to do. If you have to go somewhere else due to lack of facilities that is the next step, otherwise you are pretty well set. It is important not to overdo things. That is, it is better to do too few things at once than too many. In the short run this may not seem important but complications can easily arise. A mistake can be expensive as well. At first, the whole procedure will seem complicated. Soon, however, it will become just another facet of life. It is difficult to foresee any end of the necessity for this task in the immediate future, but then one never can tell. After the procedure is completed, one arranges the materials into different groups again. They can be put into their appropriate places. Eventually they will be used once more and the whole cycle will eventually have to be repeated. However, that is part of life.

Activating the laundry schema helps organize and make sense of these statements.

Organization of Long-Term Memory: Schemas

Schemas can help you construct new memories by filling in holes with existing memories, overlook inconsistent information and interpret meaning based on your experiences (page 274).



In American culture, activating a dinner schema allows people to fill in a typical meal or a typical time without being explicit.

In this demonstration, participants were asked to wait in this office for the study on memory to begin.



Afterwards, they were brought to another room and asked to recall as many objects in the office they were waiting in.

The participants had correct and incorrect recollections about the office:

	Items that were in the office	Items that were not in the office
Items that are typically in an office and consistent with "office schema"	 Chair Bookcase Desk Typewriter 	 Books Telephone Filing cabinets Pens and pencils Coffee cups
Items that are typically not in an office and inconsistent with an "office schema"	 Coffee pot Wine bottle Picnic basket 	brrect collections by participants, but were not present

How do psychologists explain these errors in memory recall?

Most people do not <u>pay attention</u> to the details and <u>encode</u> the content of the office because it is not very important for their daily life. A majority of the contents of office entered sensory memory, but was not encoded (see *encoding failure*) into *short-term memory* and quickly forgotten.

A <u>schema</u> is an organized cluster of information about a particular topic (a different definition).

To help "remember" and reconstruct the contents of the office, people activated an "office schema" and inferred items that are typically in an office. This means:

- Remembering things that are typically in an office (regardless if they were in there or not).
- Not remembering or forgetting things that were in the office but not in a typical office.



- Information consistent with most office schemas would include telephone, books, lamp, etc.
- Information inconsistent with most office schemas would include candles, cars, submarines, etc.

You can generalize how schemas affect memory by the following:

- We tend to remember things that are consistent with a schema.
- We tend to forget things that are inconsistent with our schema.

Schemas and Memory Distortions (Passer and Smith, 2nd edition, page 264)

The following story is the general framework of a Pacific Northwest Indian tale from the 18th century.

The War of the Ghosts

This story describes two young men who go down to a river to hunt seals. While there, warriors in canoes come up to the river, and one of the young men agrees to join them for a raid on a town. During the raid, the man discovers that his companions are ghosts, and later he dies a mysterious death.

When 20th century residents of England (not 18th century Native Americans) were told the story and retell it days later, the story was reconstructed in a way that made sense to them.

One participant

- shortened the story by almost half,
- describe the hero as fishing, rather than as hunting seals,
- substituted the word boat for canoe, and
- said that the enemy was ghosts, not the companions.

These changes were consistent with English culture.

Schemas about People and Memory

In the following demonstration, people looked at this picture and later asked to describe what occurred.



Figure 6.11
Psychologist Gordon Allport showed subjects this picture for a very brief period of time to test the accuracy
of their "eyewitness" testimony in a situation in which racial prejudice might influence their perception.
From "Eyewitness Testimony" by Robert Buckhout. Copyright © 1974 by Scientific American. Inc. All rights reserved.

Schemas and Memory

Activating schemas involving race can make you forget things that are inconsistent with your schema and remember things that are consistent with that schema—regardless of the reality.

This experiment was done when stereotypes of black people were quite negative (e.g., people had a stereotype that black people are more likely to rob a person). With this stereotype, people remembered the following that <u>were not</u> true:

- The black man was more aggressive.
- The white person was more passive.
- The passengers were afraid.
- The razor was in the black man's hand.

Schemas and stereotypes can influence memory, and has the potential to influence our behavior, attitudes, or decisions, by not giving those with inaccurate schemas the benefit of doubt or opportunities. If you have a negative stereotype of minorities, members of groups you consider "outcast" or deviant, you are more likely to interpret behavior as being criminal and notice more "criminal behavior" in minorities and ignore "criminal behavior" in non-minorities.

Schemas and Memory of Piaget's Conservation Task



A young child believes that a tall 8 oz. glass contains more juice than a short 8 oz. glass.



2 Here, the child watches the juice being poured from the tall glass into a second short glass.



3 She is surprised to see that the short glass holds the same amount of juice as the tall glass.

FIGURE 4.17 Maya Barnes Johansen/TopFoto Copyright © 2022 W. W. Norton & Co., Inc. In the water conservation task, young children believe there is more water in the tall glass (top picture). When poured into a shorter glass, young children say there is the same amount of water (bottom picture).

Young children overcome this error in the conservation of water task around age 7.

However, children in Third World countries overcome this error at an earlier age than American children. This is counter intuitive and may not match our schema of education, children and America. Because this is inconsistent with our schema, we are likely to remember the wrong information. The wrong information is that American children overcome this at an earlier age, which matches our schema.

When something is inconsistent with our schema, we may need to pay extra attention and expend extra effort to remember it and why it is this way.

Schemas, Memory and Expertise



Expert coaches had better memory for logical plays and expert chess players had better memory for chess pieces in a real game suggesting a previous framework (schemas) facilitated memory.

However, when expert coaches saw illogical plays and expert chess players say random pieces in a real game, their memory was no better than novices.

What are examples where labels (which activate schemas) affect what we remember and think?

A <u>schema</u> is an organized cluster of information about a particular topic.

Schemas can affect social perception, especially in race relations. The language and labels you use activate certain schemas and affect your perception of political, social and personal issues.

Choosing the language and hence the schema can frame an issue. It influences how a person perceives the event, what they see, and remember about the event, regardless of the reality. If you can control the framing of an issue, you can affect public perception of that issue.

Without context and background information (which is often not provided or known) or you know very little about the topic, it is difficult to assess the appropriateness of the labels and schemas that are provided.

Schemas and Attitudes

The activation of different schemas can lead to different responses. This is why controlling the message is important.

O YOU FAVO	DR OR OPPOSE BEING	ALLOWED TO SERVE OPENLY?	
	"Homosexuals"	"Gay Men & Lesbians"	
Favor	44%	58%	
Oppose	42%	28%	

Schemas and Attitudes

3 hrs · €	Õ			
Should American schools be forced to teach Arabic numerals/digits?				
56% Yes, we should 🕗				
44% No, this is America				
This poll ends in 20 hours.	93 Votes			

In this non-scientific survey, a significant percentage of respondents said we should NOT be forced to teach Arabic numbers/digits. Most people do not know what Arabic numerals/digits are, so to decide, they activate an Arabic schema.

Schemas and Health Care





Your Long-term Storage is Organized Based on Meaning: Associative Networks

The meaning of information that is organized in long-term storage is also based on networks of associations (page 275).



<u>Associative network model:</u> Memories are organized in long-term memory storage based on the meaning of information. Concepts are connected through their associations. The closer the concepts are to each other, the stronger the association between them (page 275).

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Associative Networks

An important feature of the network model is that activating one node increases the likelihood that closely associated nodes in the same category will also be activated (page 275).



Seeing a fire engine activates linked nodes, so you will quickly recognize other vehicles, such as an ambulance (page 275).

Associative Networks

In addition, having multiple retrieval cues or "tags" can help you retrieve information.



If you are trying to retrieve "fire engine", but it is at the tip of your tongue. Knowing relations such as "red", "vehicle", "associated with ambulances" helps activate the link to "fire engine"--the spreading activation model of memory (page 276).

In this example, hearing all of the sleep related words activated the schema of sleep. This process occurs <u>unconsciously</u> and <u>automatically</u> and is normal, but can cause problems if we are unaware of it. In this example, it created a false memory of sleep being on the list of items.



Table 5.2	False Recognition
Sour	Thread
Candy	Pin
Sugar	Eye
Bitter	Sewing
Good	Sharp
Taste	Point
Tooth	Prick
Nice	Thimble
Honey	Haystack
Soda	Pain
Chocolate	Hurt
Heart	Injection
Cake	Syringe
Tart	Cloth
Pie	Knitting

Sweet and needle are the targets

Associative Networks and Elaborative Rehearsal

Sometimes information can't be formed into neat categories and hierarchies. You may want to create a network of associations that link the ideas like a semantic network.



Associative Networks

<u>Associative network model:</u> Memories are organized in long-term memory storage based on the meaning of information. Concepts are connected through their associations. The closer the concepts are to each other, the stronger the association between them.



Psychological Science, 4/e Figure 7.17 © 2013 W. W. Norton & Company, Inc.

Isolated Information Makes Retrieval Difficult



Psychological Science, 4/e Figure 7.17 © 2013 W. W. Norton & Company, Inc.

When you learn information without context or meaning, you lack links to access your prior knowledge. This makes retrieving the information more difficult.

Storage: Associative Networks

<u>Associative network model:</u> Memories are organized in long-term memory storage based on the meaning of information. Concepts are connected through their associations. The closer the concepts are to each other, the stronger the association between them.

Tapping into the associations in long-term memory facilitate retrieval.



Organization of Long-Term Memory: Associative Network Model



A former student was in a multi-generational household. She was very close to her father. After her father died, she noticed that she was sad quite often.

Associative networks can help explain why she was sad quite often. Living in a multi-generational household, there were many reminders of things she did with her father. These items activated memories of her father, which made her sad.

Organization of Long-Term Memory: Associative Network Model





Organization of Long-Term Memory: Associative Network Model



Stereotypes, Prejudice and Discrimination

Stereotypes, prejudice and discrimination are similar, but have subtle differences that are important in the social sciences. They often overlap with one another, but in some instances they do not.

- <u>Stereotypes:</u> Schemas that allow for easy, fast processing of information about people, events, or objects, based on how that information is categorized. There is not a value of good or bad associated with stereotypes. Inaccurate stereotypes, especially of stigmatized groups, can be a problem.
- <u>Prejudice:</u> Negative feelings, opinions and beliefs associated with a stereotype about people in a particular group.
- <u>Discrimination</u>: The inappropriate and unjustified treatment of people based on the groups they belong to.

The Implicit Association Test

Many prejudicial attitudes and associations are unconscious. The implicit association test measures the reaction time in how long it takes you to make a judgment between the color of a person's skin and positive or negative words.



Figure 11.11 The Implicit Association Test. The Implicit Association Test (IAT) is the most widely researched measure of implicit or unconscious prejudice using examples like this one. Many people (across races) associate negative words more readily with African American than Causasian faces. But does the test really measure unconscious prejudice, or does it measure something else?

Image source: Lillenfeld

Associative Networks and the Implicit Association Test



Associative Networks and the Implicit Association Test



Associative Networks and the Implicit Association Test



The Implicit Association Test



The Implicit Association Test (IAT)

Just because you have a fast or slow reaction time between race and weapon or any of the other IAT, may or may not have prejudicial attitudes or discriminatory behavior. People can slow their thinking, acknowledge these associations, or have other positive experiences with members of different groups that can keep them from having prejudicial attitudes or discriminatory behavior.

- <u>Stereotypes:</u> Schemas that allow for easy, fast processing of information about people, events, or objects, based on how that information is categorized. There is not a value of good or bad associated with stereotypes. Inaccurate stereotypes, especially of stigmatized groups, can be a problem.
- <u>Prejudice:</u> Negative feelings, opinions and beliefs associated with a stereotype about people in a particular group.
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