Psychological Disorders

Anxiety Disorders	Depressive and Bipolar Disorders	Eating Disorders	Personality Disorders	Dissociative Disorders	Schizophrenia
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 General anxiety disorder (GAD) Panic attacks and Panic disorder Phobias Posttraumatic Stress Disorder (PTSD) and Obsessive-compulsive disorder (OCD) 	 Major Depressive disorders Bipolar Disorder 	 Anorexia Nervosa Bulimia Nervosa and Binge-Eating Disorder 	 Antisocial Personality Disorder Borderline Personality Disorder 	 Dissociative Amnesia and Dissociative Fugue Dissociative Identity Disorder (DID) 	

Factors Influencing Psychological Disorders

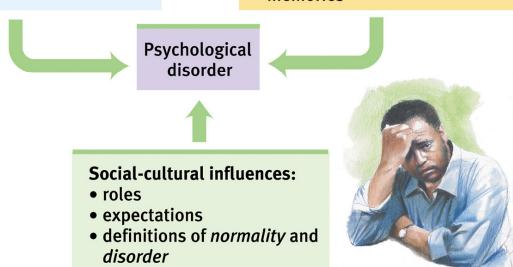
Understanding and treating psychological disorders can be challenging because many factors can lead to psychological disorders. What we see is the symptoms and not the underlying causes.

Biological influences: • evolution

- individual genes
- brain structure and chemistry

Psychological influences:

- stress
- trauma
- learned helplessness
- mood-related perceptions and memories

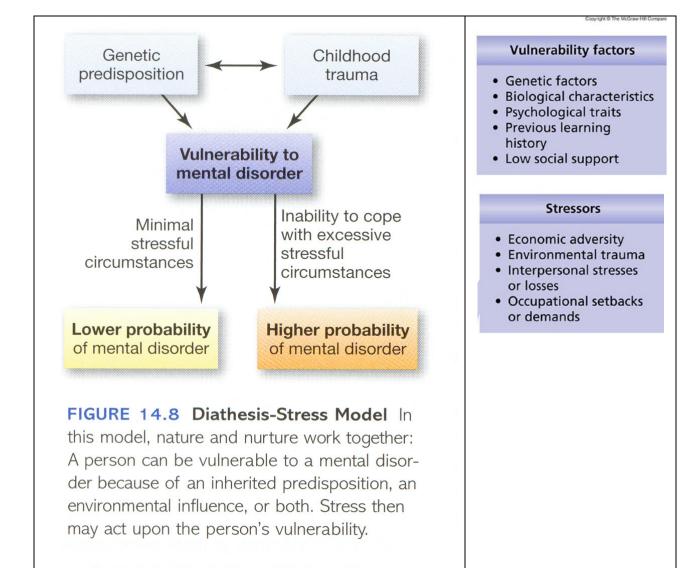


Factors that lead to Depression

Biological influences: • genetic predispositions • changes in brain chemistry • brain damage due to stress and other factors Depressed mood Social-cultural influences: • traumatic/negative events

- cultural expectations
- depression-evoked responses





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