

Applying your knowledge: Why is learning about the Psychology of Personality important?

For each chapter, you will tell me why learning about the chapter is important.

- (1) Pick a specific psychological concept.
- (2) Describe and/or define the psychological concept
- (3) Describe an example of that psychological concept. You cannot use an example from class or the textbook.
- (4) Why is learning about Personality important? What is the change in thinking or behavior?

Based on your example, do one of the following:

- a. Describe how learning about this psychological concept changes how you think about yourself.
- b. Describe how learning about this psychological concept changes how you think about others.
- c. Describe how learning about this psychological concept changes how you think about the world around you.
- d. Describe how learning about this psychological concept can be used in your personal life.
- e. Describe how learning about this psychological concept can be used in your potential career.
- f. Describe how learning about this psychological concept can avoid an important misunderstanding
- g. Describe how learning about this psychological concept can be used to address a social issue or public policy.

Constraints:

- Work in groups of one (by yourself), two (one partner) or three (two partners). One page per group with all your names on it.
- You can answer a question more than once as long as your examples are qualitatively different.

Grading:

- Each set of response (items 1-4 in the box) is worth up to two points to a maximum of six points. Therefore, you must answer at least 3 to earn a maximum of 6.

1. Concept 2. Definition 3. Example 4. Change in thinking or behavior
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2 points

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2 points

- You may choose to provide more than 3 examples to earn 6 points through partial credit.
- I do not have a formal due date for these. However, you should
 - Do at least one before the exam.
 - Do NOT wait until week 9 or 10 to start. All work is due Friday at noon of week 10.

Do not write something like:

Bad	Learning about psychology of personality helps me understand people better so that I can interact with them a lot more.
	Learning about introversion/extraversion is important for being able to interact with other people.
	Learning about introversion/extraversion is important for being able to interact with other people because people who are introverts are more sensitive to external stimuli and extraverts are less sensitive to external stimuli.
Good	<p>Learning about introversion/extraversion is important for being able to interact with other people because people who are introverts are more sensitive to external stimuli and extraverts are less sensitive to external stimuli.</p> <p>For example, since I know that David is more introverted, he is more likely to be unable to study with the TV on, I will be more willing to wear the headphones to watch TV when he is studying and not get mad at him or take it personally when he asks me to turn the TV down.</p>