

Week 1 Ch. 1		October 2, 2011 SUNDAY 11:55 pm DUE- Orientation Quiz DUE- SQ Ch 1 (includes questions about your Food Record) LAST DAY REFUND
Week 2 Ch. 2&3		October 9, 2011 SUNDAY 11:55 pm DUE- SQ Ch 2 & 3 DUE- Review Quiz for Exam 1
Week 3 Ch. 4- 1	October 13, 2011 THURSDAY EXAM 1: (Ch.1, 2, 3)	October 16, 2011 SUNDAY 11:55 pm DUE- SQ Ch 4 pt 1
Week 4 Ch. 4- 2		October 23, 2011 SUNDAY 11:55 pm DUE- SQ Ch 4 pt 2 DUE- Review Quiz for Exam 2
Week 5 Ch. 5	October 27, 2011 THURSDAY EXAM 2: (Ch.4)	October 30, 2011 SUNDAY 11:55 pm DUE- SQ Ch 5
Week 6 Ch. 6		November 6, 2011 SUNDAY 11:55 pm DUE- SQ Ch 6 Review Quiz for Exam 3
Week 7 Ch. 7/8	November 10, 2011 THURSDAY EXAM 3: (Ch.5, 6)	November 13, 2011 SUNDAY 11:55 pm DUE- SQ Ch 7
Week 8 Ch. 7/8	Friday LAST DAY for schedule change	November 20, 2011 SUNDAY 11:55 pm DUE- SQ Ch. 8
Week 9 Ch. 9		November 27, 2011 SUNDAY 11:55 pm DUE- SQ Ch 9 DUE- Class Evaluation
Week 10 Ch. 10		December 4, 2011 *SUNDAY 11:55 pm DUE- SQ Ch 10 DUE-Review Quiz for Exam 4.
Week 11	December 5, 2011 MONDAY- FINAL EXAM (Ch7-10)	