

**PTA 133 Lab Skills Check:**  
**Range of Motion/Manual Muscle Testing**

**Name**  
**Date**



**Critical Safety Elements** are noted in **BOLD**. These are **PASS/FAIL**. Failure to complete critical safety elements during formal assessment will result in a **zero grade and the skill check must be successfully repeated in order to pass the course.**

<b>Safety</b> Both ROM/MMT (P/NP)	<input type="checkbox"/> <b>washes hands before and after patient contact</b> <input type="checkbox"/> <b>uses good body mechanics during the activity</b> <input type="checkbox"/> <b>ALL chosen components of treatment within PTA scope of practice, plan of care, and follow contraindications/precautions</b> <input type="checkbox"/> <b>monitors and modifies or discontinues the intervention based on the patient response</b>
Communication (3 pts)	<input type="checkbox"/> Explain the procedure to the patient using appropriate language (2 pts) <input type="checkbox"/> Informed consent to proceed
Skill Performance ROM (7 pts)	Joint and Motion measured: <input type="checkbox"/> Positioning of patient in preferred or acceptable position <input type="checkbox"/> Expose joint and landmarks with proper draping as needed <input type="checkbox"/> Have patient demonstrate AROM <input type="checkbox"/> Take patient through full PROM <input type="checkbox"/> Prevent or correct substitutions <input type="checkbox"/> Maintain proper alignment of goniometer, or other measuring device <input type="checkbox"/> Measure at eye level
Skill Performance MMT (7 pts)	Joint and Motion tested: <input type="checkbox"/> Positioning of patient in preferred or acceptable position <input type="checkbox"/> Expose joint and landmarks <input type="checkbox"/> Have patient demonstrate AROM <input type="checkbox"/> Prevent or correct substitutions <input type="checkbox"/> Give resistance correctly, location and direction <input type="checkbox"/> Perform test 3 times <input type="checkbox"/> Grade strength accurately
Knowledge (2 pts)	<input type="checkbox"/> Know normal range of motion <input type="checkbox"/> Can define MMT grade
Documentation (6 pts)	<input type="checkbox"/> Accurately document ROM measurement <input type="checkbox"/> Accurately document MMT grade

Notes:

Total \_\_\_\_\_/25